

Operating beliefs of NLP

- *Communication is both verbal and non-verbal, conscious and unconscious*
- *You cannot not communicate*
- *We each individually live in our own unique model of the world*
- *Every behaviour has a positive intention, even if we don't know what that intention is*
- *Everyone is doing the best they can with the skills they've got*
- *We have or can create all the resources we need*
- *The meaning of the communication is the response it gets*
- *There is no failure only feedback. Failure requires a time frame*
- *The mind and body are one system*
- *Choice is better than no choice*
- *You can not not influence and be influenced*
- *We make the best choices we can at the time of the choice*
- *The more flexibility you have the more influential you can be*
- *If what you are doing is not working do something else*
- *Imagination can potentially have the same effect as Memory*
- *If one person can do something extraordinary others can too*