

# *Communicating Excellence*

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## **NLP Practitioner Proposal**

The NLP Practitioner Training from Communicating Excellence is a full NLP Practitioner training accredited by the Professional Guild of NLP and equivalent to at least an NVQ Level 4 training. The training is three training days per month spread over six months being 126 direct supervised hours.

### **Training goals.**

1. To be able to communicate powerfully with people. Developing the skills to easily build rapport with anyone you meet.
2. To be able to recognise and speak other people's inner language. We all communicate in ways that are very persuasive to us but below the level of consciousness.
3. To be able to change the way that you think. Subjective experience has a structure, learning how to change the structure of your experience to get better results.
4. Learn to have your unconscious mind work for you instead of against you. Learn how to harness the power of the subconscious and resolve inner conflicts.
5. Learn how to model other people's skills.

### **Specific skills taught.**

- How to understand and apply powerful NLP change processes.
- Breaking free from problem behaviours.
- Changing limiting beliefs.
- Noticing and using non-verbal communication.
- Setting realistic outcomes by learning the secrets of well balanced goals.
- Learning how to acquire new skills and abilities and enhance your existing ones.
- Powerful communication skills.
- How to ethically influence others.
- Understanding and utilising your own motivations as well as others.

### **Venue:**

St Oswalds Hospice, Regent Avenue, Gosforth, Newcastle upon Tyne, NE3 1EE.

### **Dates for the January 2011 Training:**

January 28-30, February 25-27, March 25-27, April 15-17, May 20-22, June 24-26

### **Cost:**

The full cost of the NLP Practitioner Training is £495 with no VAT.