

## CONTACT DETAILS

email : [nigel@communicatingexcellence.com](mailto:nigel@communicatingexcellence.com)

telephone : 0770 481 8467

website : [www.communicatingexcellence.com](http://www.communicatingexcellence.com)

## BOOKING FORM

Please enrol me on the next [ 5 / 10 / 15 month ]  
Clinical Hypnotherapy Diploma course. The 5 month course  
requires that you have completed an NLP Practitioner course.

10 / 15 month courses begins January and September 2010, £2245

5 month courses begins August 2010, £995

**Excellent Early Bird Discounts**

### NAME

### ADDRESS

### TELEPHONE

### EMAIL

If you are booking your place on the 5 month course, do also enclose  
a copy of your NLP Practitioner certificate along with your contact  
information and a non-refundable deposit cheque for £150 made  
payable to Communicating Excellence or simply book on line.

Please send to

**Communicating Excellence  
PO BOX 238  
Morpeth  
NE61 9BS**

# *Communicating Excellence*



## CLINICAL HYPNOTHERAPY DIPLOMA COURSE

Newcastle Courses Commence  
January and September 2010 - 10 or 15 months  
August 2010 - 5 months

## *Communicating Excellence*

is a member and  
approved training provider with  
The General Hypnotherapy Standards Council

**GHSc**

**Practitioner Level**

**VALIDATED TRAINING**

**General Hypnotherapy Standards Council**

## SOME OF THE TOPICS COVERED DURING THIS COURSE

- The history of Hypnosis
- The theories of Hypnosis
- How to take client history
- Pre-induction talk
- Ecology of proposed therapy
- Induction techniques ( 20 taught throughout course )
- Elman style induction
- Ericksonian induction
- Signs of trance
- Hypnotic phenomena
- Suggestion construction ( direct and indirect )
- Utilisation
- Ideo-motor response
- Contraindications
- Abreactions
- States of trance
- Deepening techniques
- Post Hypnotic suggestion
- Milton model
- Meta Model
- Presuppositional language forms
- Clean elicitation and Clean therapy
- Understanding content imposition
- Content and Context re-framing
- Managing your own state
- Temporal language patterns
- Time lines
- Script construction
- Yes set
- Double binds
- Indirect and Direct suggestion
- Sub-modalities
- Meta Programs
- Neurology
- Secondary gain change processes
- Anchoring
- Healing in Hypnosis
- Conscious and Unconscious splitting
- Six step and m-step re-framing
- Calibrating skills
- Therapeutic metaphor

## CLINICAL HYPNOTHERAPY DIPLOMA COURSE

Communicating Excellence's 5 month short course is designed to build on you existing NLP skills and additionally transfer these skills to Hypnotherapy. The General Hypnotherapy Standards Council accept an NLP Practitioner qualification as approved prior learning.

The longer 10 or 15 month course includes our NLP Practitioner training with the Clinical Hypnotherapy Diploma Training beginning mid way through ( 10 month ) or after ( 15 month ) the Practitioner Training.

The Clinical Hypnotherapy Diploma Training is one weekend per month. This way participants have the time to integrate and practice using their new and developing skills.

All Clinical Hypnotherapy Diploma Trainings are approved and validated by the General Hypnotherapy Standards Council.

### AFTER GRADUATION YOU WILL BE COMPETENT TO WORK WITH MANY CONDITIONS INCLUDING

Post Traumatic Stress, Anxiety, Smoking, Allergies, Stress, Compulsive Behaviours and Habits, Trauma, Weight Loss, Depression, Guilt, Shame, Addictions, Eating Disorders, Grief, Terminal Illness, Phobias and Pain Control.

## TESTIMONIALS

*"The practical nature of the course is excellent. The trainer is very willing to impart his knowledge and so willing to help in any situation. Very powerful stuff! One of the most useful things is the range of tools I have gained and the network of people I now have."*

Shirley Janes - Hypnotherapist

*I will be using what I have learned in every day communication with others, as a launchpad for continuing development and in practice as a sports psychologist. I have really found the course very useful, really enjoyed it and learned a lot."*

Kim Bull -Sports Psychologist